

GEAR CHECKLIST "CHILE – A LAND OF EXTREME CONTRASTS"

Official Papers

- Valid passport
- Airline tickets
- Vaccination card
- Cash (USD) / credit card and/or debit card

Luggage

- Duffel bag - extra-large for all the rest of your luggage, which you do not need on trekking days
- Backpack (appr. 35 liter) for the trekking days
- Rain cover for your backpack
- Luggage tags
- Passport pouch or money belt

Clothing

We recommend bringing a few lightweight, easily washable items - for using as layer clothing system "onion principle".

- Windstopper – fleece jacket - sweater
- Hiking pants, lightweight, synthetic and loose-fitting – quick dry
- Hiking shorts, lightweight and synthetic
- Shirts (long sleeve)
- T-Shirts, synthetic or merino wool
- Underwear, Merino wool or synthetic or similar

Outerwear

- Rain jacket, waterproof and breathable (Goretex, Sympatex etc.)
- Rain pants, waterproof and breathable, side-zip pants are highly recommended
- Light Down or synthetic Jacket

Footwear

- Sturdy hiking boots, waterproof, lightweight, broken in, aggressive tread - over ankle
- Sandals or flip-flop (thongs)
- Second pair of light shoes like sneakers
- Hiking socks, blister-free

Clothing Accessories

- Sun hat
- Hat (warm) - Beanie
- Bandana – Scarf
- Gloves – Fleece

Travel Accessories

- Water bottle – minimum 1,5 liter
- Headlamp or Meg lite
- Sunglasses and retainer strap
- Sun blocker + 30 and lip balm
- Toiletry kit
- Trekking Towel – quick dry
- Hand sanitizer gel
- Personal prescription medication
- Insect repellent / Mosquito repellent
- Watch with alarm or travel clock
- **Trekking poles**

Optional equipment

- Camera, memory cards and batteries
- Charger (recharging is possible almost every day)
- Small binoculars for bird watching
- Thermos
- Spare contact lenses or glasses
- Ear plugs
- Several Ziploc plastic bags

If you have any further questions, please don't hesitate to ask one of our trekking experts!

MOSER Active Trekking-Team