



Gear Checklist Self Guided Torres del Paine – “O” Circuit-Trek:

Travel Documents

- Valid passport
- Airline tickets
- (Vaccination cards)
- Cash (USD) / credit card and/or debit card

Luggage

- Duffel bag or travel bag or suitcase, big enough for the remaining luggage, which you do not need on the Torres del Paine trek (to be stored / locked at your accommodation in Puerto Natales)
- For those who do NOT booked porter support: Backpack of 50-60 liter (appr. 11-13 kg / 22 – 29 lbs) for the trek
- Alternatively - for those who booked PORTER support: Backpack of 40-50 liter (appr. 8-10 kg / 17-22 lbs) for the trek
- Rain cover for your backpack
- Passport pouch or money belt

Personal Camping Gear

- Sleeping bag with compression stuff sack **minus 5 Grad/C comfort** (minus 15 Grad/C extreme) (**rated to approx. 20° Fahrenheit comfort**)
- Optional: Inflatable camping mat (e.g. Therm-A-Rest NeoAir) / we provide simple, thin foam camping mat (not inflatable)

Clothing

Bring a few lightweight, easily washable items - for using as layer clothing system "onion principle"

- Hiking pants, lightweight, synthetic and loose-fitting – quick dry
- Long sleeve shirts, synthetic or merino
- T-Shirts, synthetic or merino
- Breathable underwear, polypropylen or merino or similar
- Rain jacket, waterproof and breathable (Goretex, Sympatex etc.)
- Rain pants, waterproof and breathable, side-zip pants are highly recommended
- Windstopper fleece jacket
- Light Down or synthetic jacket

Clothing Accessories

- Sun hat – Bandana – Scarf
- Hat (warm) - Beanie
- Gloves – Fleece

Footwear

- Hiking socks, blister-free
- Sturdy hiking boots, waterproof, lightweight, broken in, aggressive tread - **over ankle (mandatory)**
- Sandals or flip-flop or Crocs
- Gaiters, knee-high (optional, recommendable for tours in November)

Important

- **Trekking poles – highly recommended**

Travel Accessories

- Water bottle – 500ml-750ml (throughout the treks you can refill water appr every two hours in the little creeks)
- Headlamp and batteries
- Sunglasses and retainer strap
- Sun blocker + 20 and lip balm
- Toiletry kit
- **Trekking towel**, means quick drying, for example 100% polyester micro fiber.
- Hand sanitizer gel
- Personal prescription medication
- Insect repellent / Mosquito repellent
- Watch with alarm or travel clock
- Ziploc with toilet paper

Optional equipment

- Camera / memory cards, smartphone
- Charger (recharging is possible almost every day)
- Small binoculars for bird watching
- Thermos
- Spare contact lenses or glasses
- Ear plugs
- Several Ziploc plastic bags

Provided Gear by MOSER Active

- Tents: roomy, high quality 2-person expedition-tents, which you will find all set up when you arrive at each camp.
- We provide simple, thin foam camping mat (not inflatable). These are already in the tents.
- **ONLY for those participants who booked PORTER support:** The porter will transport your personal belongings in a dry bag. Our company will provide the waterproof bag for the porter. It is a high quality **waterproof SealLine dry bag with a capacity of 30 liters** (maximum three dry bags per porter). Each participant – who has booked the porter support – can put the following items in their dry bag such as sleeping bag, optional inflatable camping mat, vanity bag, toiletries, trekking towel, extra-set of clothes. The bag's weight must not exceed 5 kg / 11lbs.

The porter merely transports the waterproof SealLine dry bag with your personal belongings from one camp to the next and does not hike with you. This means that you do not have access to the dry bag during the hikes, but only when you arrive at camp!

- The rest of your luggage, which you do NOT need on the 7 days trekking tour, stays locked at your accomodation in Puerto Natales.

There will be clean drinking water:

- along all the trails
- at the campsites and refugios
- at the guesthouses / hotels in Puerto Natales.

Therefore: NO water filtration system needed.

If you have any further questions, please don't hesitate to get in touch!
MOSER ACTIVE Trekking Team