

## **Gear Checklist Torres del Paine Best Hikes**

### Official Papers

- Valid passport
- Airline tickets
- Vaccination card
- Cash (USD) / credit card and/or debit card

### Luggage

- Duffel bag or travel bag or suitcase, big enough for the remaining luggage, which you do not need on the Torres del Paine Hikes (to be stored / locked at your hotel/guesthouse in Puerto Natales)
- Backpack (35 liter) for the hiking days
- Rain cover for your backpack
- Luggage tags
- Passport pouch or money belt

### Clothing

We recommend bringing a few lightweight, easily washable items - for using as layer clothing system "onion principle".

- Windstopper-Fleecejacket - Sweater
- Hiking pants, lightweight, synthetic and loose-fitting – quick dry
- Hiking shorts, lightweight and synthetic
- Shirts (long sleeve)
- T-Shirts, synthetic
- Polypropylen Underwear or similar
- Hiking socks, blister-free

### Outerwear

- Rain jacket, waterproof and breathable (Goretex, Sympatex etc.)
- Rain pants, waterproof and breathable, side-zip pants are highly recommended
- Light Down or synthetic Jacket

### Clothing Accessories

- Sun hat
- Hat (warm) - Beanie
- Bandana – Scarf
- Gloves – Fleece

### Footwear

- Sturdy hiking boots, waterproof, lightweight, broken in, aggressive tread - over ankle
- Sandals or flip-flop (thongs)

### Travel Accessories

- Water bottle – 500ml
- Headlamp or Meg lite
- Sunglasses and retainer strap

- Sun blocker + 20 and lip balm
- Toiletry kit
- Trekking towel, quick dry
- hand sanitizer gel
- Personal prescription medication
  
- Insect repellent / Mosquito repellent
- Watch with alarm or travel clock
- **Trekking poles**
- **Liner for the provided sleeping bag**

Optional equipment

- Camera, memory cards and batteries
- Charger (recharging is possible almost every day)
- Small binoculars for bird watching
- Thermos
- Spare contact lenses or glasses
- Ear plugs
- Several Ziploc plastic bags

***If you have any further questions, please don't hesitate to get in touch!***

***MOSER Active Trekking-Team***