

## GEAR CHECKLIST - PATAGONIA ACTIVE TREKKING TOUR

### Travel Documents

- Valid passport
- Airline tickets
- (Vaccination card)
- Cash (USD) / credit card and/or debit card

### Luggage

- Duffel bag or travel bag or suitcase, big enough for the remaining luggage, which you do not need on the Torres del Paine trek (to be stored / locked at your hotel in Puerto Natales)
- Backpack (45 – 50 liter) for the trekking tour
- Rain cover for your backpack
- Passport pouch or money belt

### Personal Camping Gear

- Sleeping bag with compression stuff sack **minus 5 Grad/C comfort (minus 15 Grad/C extreme) (rated to approx. 20º Fahrenheit comfort)**
- Inflatable camping mat (e.g. Therm-A-Rest NeoAir)

### Clothing

We recommend bringing a few lightweight, easily washable items - for using as layer clothing system "onion principle".

- Hiking pants, lightweight, synthetic and loose-fitting – quick dry
- Long sleeve shirts, synthetic or merino
- T-Shirts, synthetic or merino
- Breathable underwear, polypropylen or merino or similar
- Windstopper-Fleecejacket - Sweater
- Light Down or synthetic Jacket
- Rain jacket, waterproof and breathable (Goretex, Sympatex etc.)
- Rain pants, waterproof and breathable, side-zip pants are highly recommended

### Clothing Accessories

- Sun hat – Bandana – Scarf
- Hat (warm) - Beanie
- Gloves – Fleece
- Gaiters, knee-high (optional, recommendable for tours in November)

### Footwear

- Sturdy hiking boots, waterproof, lightweight, broken in, aggressive tread - and **over ankle** (mandatory)
- A light pair of shoes for the evenings at camp / refugios and for the cities
- Sandals or flip-flop or Crocs (e.g. for the use of the shared bathrooms at Torres del Paine National Park)
- Hiking socks, blister-free

### Important

- **Trekking poles – highly recommended**

### Travel Accessories

- Water bottle – 500ml-750ml (throughout the treks you can refill water appr every two hours in the little creeks)
- Headlamp and batteries
- Sunglasses and retainer strap
- Sun blocker + 20 and lip balm
- Toiletry kit
- Trekking towel – quick dry
- Hand sanitizer gel
  
- Personal prescription medication
- Insect repellent / Mosquito repellent
- Watch with alarm or travel clock
- Ziploc with toilet paper

### Optional equipment

- Camera, memory cards and batteries
- Charger (recharging is possible almost every day)
- Small binoculars for bird watching
- Thermos
- Spare contact lenses or glasses
- Ear plugs
- Several Ziploc plastic bags

### Provided Gear by MOSER Active

- **SealLine waterproof kitbag 30 liter for each participant (during the O Trek)**
- Tents: roomy, high quality 2-person expedition-tents
- Cooking equipment while camping
- First aid kit and satellite phone or VHF-equipment

***If you have any further questions, please don't hesitate to get in touch!***

***MOSER Active Trekking-Team***