

Torres del Paine W-Hike 7 days

Hiking in Torres del Paine National Park

Explore the highlights of the famous Torres del Paine National Park on five distinct hiking days where you will come across a diverse fauna and flora while you watch the gliding flight of the condor.

Admire the enormous mountain ranges of the National Park and take a boat ride to the deep blue shining Grey Glacier. This tour will be an unforgettable experience for anyone who wants to discover the many-sided Patagonian beauty. Your hikes to the rising Torres granite needles and to the French Valley will stay in your minds forever as a dream of granite and ice.

Trip Highlights

- Hike in 5 days one of the most famous treks in Patagonia, the Torres del Paine W-Trek and immerse yourself in a world of granite and ice
- Torres del Paine granite towers, French valley and Grey Glacier lookout
- Boat ride along the Grey Glacier
- Meet Chilean Gauchos riding through the vast Patagonian Pampa and watch the gliding flight of the condor
- Enjoy in a cozy atmosphere the culinary delights and exquisite wines of Patagonia, or go for a pisco sour, the Chilean national drink

Insider Tip

- Paddle between huge icebergs on the Grey Lake and hear the creaking movements of the vast Grey Glacier

Trip Info

Trip length:	7 days
Start/End of the trip:	from / to Puerto Natales
Group Size:	min. 2 persons – max. 12 people
Departures:	see set departures on our website
Trip Style:	hiking, nature & photography
Best Season:	from November to March

What's included

- Accommodation in Torres del Paine National Park: 4 nights in 2-person-tents, fully equipped with sleeping bag and camping mat
- Accommodation in Puerto Natales: 2 nights in a guesthouse in double rooms with private bathroom
- Meals: 6 x breakfast, 4 x box lunch, 4 x dinner
- Guide:
 - Local English / Spanish speaking certified trekking guide Torres del Paine (day 2 - 6) (WFR)
 - from 7 participants: English/Spanish speaking certified assistant hiking guide (day 2 - 6)
- Transport: all private transfers as per the detailed itinerary
- Boat ride / Catamaran Grey Lake
- Entry Fees/Admission: to the Torres del Paine National Park
- Emergency equipment: including a first-aid kit and VHF-equipment

What's excluded

- Meals and beverages not indicated on the itinerary
- International and domestic airfare and airport charges
- Airport Pick up & drop off
- Tips for Guides
- Optional trips, e.g. half day kayak tour on the Grey Lake (appr. 200 USD p.p.) or half day ice hike on Glacier Grey (appr. 270 USD p.p.) on day 5
- Local payments
- Travel insurance is not included in this tour. Travel insurance is mandatory and must be purchased prior to the start of the trip.

Itinerary

Day 1 – Arrival in Puerto Natales

After arriving at the guesthouse in Puerto Natales, you will have some time to explore this little town on your own. In good weather, the first impressive panorama of the Paine Massif and Monte Balmaceda can be seen from here. In the late afternoon you meet your trekking guide for a short briefing about the next days. You spend the first night in a guesthouse in Puerto Natales in double room with private bathroom. (-/-/-)

Day 2 – Torres del Paine National Park – Trek to the Torres del Paine Granit Needles

In the morning you take a private transfer to the Torres del Paine National Park and will see some of the native wildlife of this fantastic region like Guanacos and Ñandus. In the afternoon your first hike leads you to the famous 'Torres' granite needles. At first you hike up to the Ascencio Valley where you take a break at the Refugio Chileno next to the Ascencio River. After 2+ hours and a tough ascent, you are rewarded for your efforts: You will stand in front of the impressive Needles with a green lagoon lying at your feet. Altitude Las Torres Lookout: 900m. Appr. walking time: 8 hours, walking distance: 19 km (11,8 miles), elevation gain of approx. 950 m (3,116 ft) ascent and descent. You spend the night on campsite Central in fully equipped 2-person-tents with unobstructed views of the starry sky. (B/-/D)

Day 3 – Hike along Nordenskjöld Lake

Today, you hike along Lago Nordenskjöld and the gigantic Monte Almirante Nieto to the wonderful campsite Cuernos, close to the lake and the “Cuernos” or “the Horns”. Near the camp you will have a picturesque view on the Paine Grande massif. There will be enough time to enjoy this inviting campsite while sitting together and sharing your one-time impressions. Appr. walking time: 4-5 hours, walking distance: 11,5 km (7,1 miles), elevation gain of approx. 250 m (820 ft) ascent and descent. Overnight: in fully equipped 2-person-tents on campsite Cuernos or Frances. (B/BL/D)

Alternativ itinerary (if the campsites Cuernos and Frances are fully booked):

Today you go on a half day hike along Nordenskjöld Lake with its colorful waters. Passing Monte Almirante Nieto (2,640 m), you can probably watch condors circling in the sky. Appr. walking time: 4 hours, walking distance: 10 km (6 miles).

In the afternoon you continue your journey in a public transfer to “Pudeto sector” (approx. one hour panoramic trip). Afterwards, you cross the beautiful Pehoe Lake with a catamaran (approx. 30 min). The Lodge / Camp Paine Grande will be your "base camp" for the next two days.

Overnight: on “Campsite Paine Grande” in fully equipped 2-person-tents. (B/BL/D)

Day 4 – Trek to the French Valley

Today you will hike up to the camp Italiano. From there you walk further up until you reach a superb viewpoint of the Valley Frances. You will see the impressive “Circuito de Granito” which looks like a colosseum. Afterwards you descent to the next campsite near the emerald green Lago Pehoe. Appr. walking time: 6-7 hours, walking distance: 17 km (10,5 miles), elevation gain of approx. 600 m (1,970 ft) ascent and descent. Overnight: in fully equipped 2-person-tents on campsite Paine Grande. (B/BL/D)

Day 5 – Trek to the Grey Glacier - Optional Kayak-tour or Ice hike

Today you continue to the “Camino de los Vientos” until you reach a nice viewpoint from where you can admire a striking view over the Glacier Grey. Afterwards, you scale down along the impressive Grey Lake to your next camp. In the afternoon you can choose an optional 3 hours kayak excursion on the Grey Lake along the icebergs of the Grey Glacier or a 4-5 hours ice hike on Glacier Grey (extra costs; reservation recommended in advance) - or enjoy some free time to relax.

Appr. walking time: 5 hours, walking distance: 12 km (7,5 miles), elevation gain of approx. 350 m (1,150 ft) ascent and descent. Overnight: in fully equipped 2-person-tents tents on campsite Grey. (B/BL/D)

Day 6 – Boat Ride Lago Grey – Puerto Natales

In the morning you take a boat ride on the splendid Lago Grey passing along the icy glacier and crossing the beautiful lake. Appr. walking time: 0,5 hours. Subsequently you take a private transfer back to Puerto Natales. Overnight: Guesthouse in Puerto Natales in double room with private bathroom. (B/BL/-)

Day 7 – Goodbye Puerto Natales

After breakfast, you will continue your individual journey. (B/-/-)

Trip Notes:

- A very good physical fitness is a necessary requirement for this tour.
- Furthermore, you should be able to walk with your daypack (40 to 50 liter) up to 6-8 hours a day with some strenuous ascents and descents.
- Your personal items must be carried by you (rain gear, fleece or light down jacket, trekking poles, gloves, cap, camera, lunch and water for the day; in addition vanity bag, extra-set of clothes).
- You will spend the 4 nights in Torres del Paine National Park in roomy, high quality 2-person-expedition-tents (equipped with sleeping bag and sleeping mats).
- All campsites are equipped with toilets, showers and refugios (Mountain huts/Lodges). Breakfast and dinner are served in the dining rooms of the Refugios/mountain huts which are always close to the campsites.
- All the rest of your luggage, which you do not need on the Torres del Paine trek, will stay locked at your guesthouse in Puerto Natales.

Gear Checklist Torres del Paine W-Hike:

Official Papers

- Valid passport
- Airline tickets
- (Vaccination card)
- Cash (USD) / credit card and/or debit card

Luggage

- Duffel bag or travel bag or suitcase, big enough for the remaining luggage, which you do not need on the Torres del Paine trek (to be stored / locked at your hotel in Puerto Natales)
- Backpack (40 – 50 liter) for the trek
- Rain cover for your backpack
- Luggage tags
- Passport pouch, wallet or money belt

Clothing

Bring a few lightweight, easily washable items - for using as layer clothing system "onion principle"

- Hiking pants, lightweight, synthetic and loose-fitting – quick dry
- Hiking shorts, lightweight and synthetic
- Shirts (long sleeve)
- T-Shirts, synthetic
- Polypropylen Underwear or similar
- Hiking socks, blister-free

- Windstopper-Fleecejacket - Sweater
- Light Down or synthetic Jacket
- Rain jacket, waterproof and breathable (Goretex, Sympatex etc.)
- Rain pants, waterproof and breathable, side-zip pants are highly recommended

Clothing Accessories

- Sun hat
- Hat (warm) - Beanie
- Bandana – Scarf
- Gloves – Fleece

Footwear

- Sturdy hiking boots, waterproof, lightweight, broken in, aggressive tread - over ankle
- Sandals or flip-flop (thongs)

Travel Accessories

- Water bottle – 500ml-750ml (throughout the treks you can refill water appr every two hours in the little creeks)
- Headlamp or Meg lite
- Sunglasses and retainer strap
- Sun blocker + 20 and lip balm
- Toiletry kit
- Towel
- Hand sanitizer gel
- Personal prescription medication
- Insect repellent / Mosquito repellent
- Watch with alarm or travel clock
- **Trekking poles**
- **Liner for the provided sleeping bag**

Optional equipment

- Camera, memory cards and batteries
- Small binoculars for bird watching
- Thermos
- Spare contact lenses or glasses
- Ear plugs
- Several Ziploc plastic bags

If you have any further questions, please don't hesitate to get in touch!

MOSER ACTIVE Trekking Team