

Torres del Paine W-Hike 4 days

Hiking in Torres del Paine National Park - Chile

Explore the highlights of the famous Torres del Paine National Park on distinct hikes over four days. Discover the many sides of the famed Patagonian natural beauty!

Experience the diverse fauna and flora while you watch the gliding flight of the condor and enjoy the stunning views of the enormous mountain range while crossing Lake Pehoe. Stay in classic local refugios in the evenings and visit the the rising Torres Towers and the vast Grey Glacier by day. This tour is an unforgettable experience for any outdoor enthusiast or adventurer who wants to discover Patagonia.

Trip Highlights

- Hike **one of the most famous treks in Patagonia**, the Torres del Paine W-Trek and immerse yourself in a world of granite and ice
- **Torres del Paine granite towers**, French Valley and Grey Glacier lookout
- **Meet Chilean Gauchos** riding through the vast Patagonian Pampa and watch the gliding flight of the condor
- Enjoy in a cozy atmosphere the **culinary delights and exquisite vines of Patagonia**, or go for a pisco sour, the Chilean national drink

Insider Tip

- Visit Torres del Paine National Park in Indian summer (**April/May**) or in winter between **June and September**. The trails are less crowded, the scenery is awesome and it is easier to observe wildlife and do bird watching.

Trip Info

Trip length:	4 days
Start/End of the trip:	from / to Puerto Natales
Group Size:	min. 2 persons – max. 12 people
Departures:	see set departures on our website <u>or</u> individual on request (with the possibility to book other people on this trip)
Trip Style:	hiking, nature & photography
Best Season:	from October to April

What's included

- Accommodation in Torres del Paine National Park: 3 nights in Lodges/Refugios with shared bedrooms and shared bathrooms. **Note:** If the Lodges/Refugios are fully booked, you will spend the night in 2-person-tents, fully equipped with sleeping bag and camping mat.
- Meals: 3 x breakfast, 3 x box lunch, 3 x dinner
- Guide:
 - Local English / Spanish speaking certified trekking guide Torres del Paine (day 2 - 5)
 - from 7 participants: English/Spanish speaking certified assistant hiking guide (day 2 - 5) (WFR)
- Transport: all public transfers as per the detailed itinerary
- Boat ride / Catamaran Pehoe Lake
- Entry Fees/Admission: to the Torres del Paine National Park
- Emergency equipment: including a first-aid kit and VHF-equipment

What's excluded

- Meals and beverages not indicated on the itinerary
- International and domestic airfare and airport charges
- Tips, optional trips, local payments
- Travel insurance is not included in this tour. Travel insurance is mandatory and must be purchased prior to the start of the trip.

Available Add-Ons

- Single tent supplement: 3 nights - surcharge p.p. 210 USD
- Airport pick up & drop off: bookable for an extra charge
- Local PORTER for the transportation of personal belongings, up to 15 kg per porter: bookable for an extra charge

Itinerary

Important note: The itinerary described in the program is a planned itinerary or a guide. Changes or deviations of individual travel services from the contractually agreed content of the travel contract, which become necessary after conclusion of the contract and which were not brought about by MOSER Active against good faith, are permitted, provided that these are not significant and do not affect the overall design of the booked trip. MOSER Active will endeavor to offer an equivalent replacement. Additional costs that may arise due to changes to the tour itinerary are to be borne by the participant on site and will not be reimbursed by MOSER Active.

Day 0 – Meeting in Puerto Natales

In the late afternoon you meet your trekking guide for a detailed briefing about the next hiking days. Accommodation in Puerto Natales is not included in the trip price.

Day 1 – Transfer from Puerto Natales to Torres del Paine National Park – Guided hike to the Torres del Paine Granit Needles

In the morning you take a regular bus to the Torres del Paine National Park and will see some of the native wildlife of this fantastic region like Guanacos and Ñandus (departure at 07:00 a.m., driving time approx. 2 hours, distance approx. 130 km).

Upon arrival in the park and check-in at the Refugio or Camp Torre Central your first guided hike leads you to the famous 'Torres' granite needles. At first you hike up to the Ascencio-Valley where you take a break at the Refugio Chileno next to the Ascencio river. After 2+ hours and a tough ascent your efforts will be rewarded: You will stand in front of the impressive needles with a green lagoon lying at your feet. Altitude Las Torres Lookout: 900m (2,950 ft). Then return to the Refugio Torre Central.

Appr. walking time: 8 hours, walking distance: 21 km (13 miles), elevation gain of approx. 950 m (3,120 ft) ascent and 950 m (3,120 ft) descent.

Overnight: in the "Refugio Torre Central" in shared bedrooms with shared bathrooms.

Note: If the Refugio is fully booked, you will spend the night in fully equipped 2-person-tents.

Meals included: dinner.

Day 2 – Guided hike along Lago Nordenskjöld

Today, you hike along Nordenskjöld Lake to the wonderful Refugio Los Cuernos, close to the lake and the montes "Cuernos". Passing Monte Almirante Nieto (2,640 m / 8,660 ft), you can probably watch condors circling in the sky. Appr. walking time: 4-5 hours, walking distance: 11,5 km (7,1 miles), elevation gain of approx. 350 m (1,150 ft) ascent and 350 m (1,150 ft) descent.

Overnight: in the "Refugio Los Cuernos" or "Refugio Frances" in shared bedrooms with shared bathrooms.

Note: If the refugios are fully booked, you will spend the night in fully equipped 2-person-tents.

Meals included: breakfast / box lunch / dinner.

Alternative itinerary (if the refugios / campsites Cuernos and Frances are fully booked):

Today you go on a half day hike along Nordenskjöld Lake with its colorful waters. Passing Monte Almirante Nieto (2,640 m), you can probably watch condors circling in the sky. Appr. walking time: 4 hours, walking distance: 10 km (6 miles). In the afternoon you continue your journey in a public transfer to "Pudeto sector" (approx. one hour panoramic trip). Afterwards, you cross the beautiful Pehoe Lake with a catamaran (approx. 30 min). The Lodge / Camp Paine Grande will be your "base camp" for the next two days. Overnight: in the "Lodge Paine Grande" in shared bedrooms with shared bathrooms. Note: If the lodge is fully booked, you will spend the night in fully equipped 2-person-tents. Meals included: breakfast / box lunch / dinner.

Day 3 – Guided hike to the French Valley

In the morning you head towards the French valley and its viewpoint "Mirador" where you gain deep insight into the mountains. With a bit of luck, you may witness ice cracking off the Paine Grande (3,050 m / 10,000 ft) sounding like a roaring thunder. Subsequently you walk along the splendid Lago Skottsberg to the emerald green Lago

Pehoe. Appr. walking time: 6-7 hours, walking distance: 17 km (10,5 miles), elevation gain of approx. 600 m (1,970 ft) ascent and 600 m (1,970 ft) descent.

Overnight: in the "Lodge Paine Grande" in shared bedrooms with shared bathrooms.

Note: If the lodge is fully booked, you will spend the night in in fully equipped 2-person-tents.

Meals included: breakfast / box lunch / dinner.

Day 4 – Guided Hike to the Grey Glacier Lookout – Catamaran across Pehoe Lake - Transfer back to Puerto Natales

Starting from Lodge Paine Grande, you walk today along the Black Lagoon (Laguna Negra) and the Path of Winds (Camino del Viento) to your viewpoint on the Grey Glacier. Altitude of Grey Glacier Lookout: 280 m (920 ft). Depending on the weather and season you will come across various birds and plants. You hike back to the Camp / Lodge Paine Grande.

Appr. walking time: 4-5 hours, walking distance: 12 km (7,5 miles), elevation gain of approx. 350 m (1,150 ft) ascent and 350 m (1,150 ft) descent.

In the late afternoon, you cross the beautiful Pehoe-Lake with a catamaran (approx. 30 min). In the evening, the public bus takes you back to Puerto Natales (driving time approx. 2 hours, **arrival in Puerto Natales around 09:30 .p.m.**). Say goodbye to our local trekking guide.

Meals included: breakfast / box lunch.

Accommodation in Puerto Natales is not included in the trip price.

Trip Notes

- A very good physical fitness is a necessary requirement for this tour.
- Furthermore, you should be able to walk with your daypack (40 to 50 liter) up to 6-8 hours a day with some strenuous ascents and descents.
- Your personal items must be carried by yourself (rain gear, fleece or light down jacket, trekking poles, gloves, cap, camera, lunch and water for the day; in addition vanity bag, trekking towel, extra-set of clothes).
- All the rest of your luggage, which you do not need on the Torres del Paine trek, will stay locked at your accommodation in Puerto Natales.

Please note:

- There are no single or double rooms available in the Refugios/Lodges of Torres del Paine National Park.
- If the lodges (refugios) are fully booked, you will spend the night in 2-person-tents, rented from the Refugio; sleeping bag and camping mat are included.

Gear Checklist Torres del Paine W-Hike:

Official Papers

- Valid passport
- Airline tickets
- (Vaccination cards - No special vaccinations are currently required for Patagonia)
- Cash (USD) / credit card and/or debit card

Luggage

- Duffel bag or travel bag or suitcase, big enough for the remaining luggage, which you do not need on the Torres del Paine trek (to be stored / locked at your accommodation in Puerto Natales)
- Backpack (40 – 50 liter) for the trek
- Rain cover for your backpack
- Luggage tags
- Passport pouch, wallet or money belt

Clothing

Bring a few lightweight, easily washable items - for using as layer clothing system "onion principle"

- Hiking pants, lightweight, synthetic and loose-fitting – quick dry
- Hiking shorts, lightweight and synthetic
- Shirts (long sleeve)
- T-Shirts, synthetic

- Polypropylen Underwear or similar
- Hiking socks, blister-free

- Windstopper-Fleecejacket - Sweater
- Rain jacket, waterproof and breathable (Goretex, Sympatex etc.)
- Rain pants, waterproof and breathable, side-zip pants are highly recommended
- Light Down or synthetic Jacket

Clothing Accessories

- Sun hat
- Hat (warm) - Beanie
- Bandana – Scarf
- Gloves – Fleece

Footwear

- Sturdy hiking boots, waterproof, lightweight, broken in, aggressive tread - over ankle
- Sandals or flip-flop (thongs)

Travel Accessories

- Water bottle – 500ml-750ml (throughout the treks you can refill water appr every two hours in the little creeks)
- Headlamp or Meg lite
- Sunglasses and retainer strap
- Sun blocker + 20 and lip balm
- Toiletry kit
- Towel
- hand sanitizer gel
- Personal prescription medication
- Insect repellent / Mosquito repellent
- Watch with alarm or travel clock
- Trekking poles

Optional equipment

- **Liners** for the three nights in Torres del Paine National Park
- Camera / memory cards, smartphone
- Charger (recharging is possible almost every day)
- Small binoculars for bird watching
- Thermos
- Spare contact lenses or glasses
- Ear plugs
- Several Ziploc plastic bags

If you have any further questions, please don't hesitate to get in touch!

MOSER Active Trekking Team